

# SMOKE SIGNAL

Official Newsletter of Skookum Archers Club and Range

January, 2006

## Annual Meeting Report December 8, 2005

Kris Miles, Treasurer, reported that the Club is in fairly good financial condition:

CD	\$10,160
Checking	\$15,982
Savings	\$10,775

The following large expenditures (any expenditure more than \$1,500 requires an affirmative vote of the membership) were approved:

- Yard lights for the parking area. The maximum expenditure allowed for this project is \$2000.00.
- A new chain link fence across the front of the flat range and all the way across to the tree line (300 ft. long.) with three gates situated at the tree line for cars, by the pay box for walking and a gate for equipment next to the clubhouse.
- Approximately \$2,500 in new 3D animals.
- Replacing the roof material on the porch area outside the clubhouse and gutters all the way around the clubhouse.

Cindy Warfel has a box on the counter in the clubhouse to collect stuff for Steve Coleman. If you have anything to send to him put it in the box.

John Finsterbusch is helping Darrington put on a Marked 3-D shoot (like Redding) during the same week as the NFAA National Field Championships. They would like Skookum to participate by helping with setup and providing animal targets. This is just a preliminary offer. The response from the members was that they should have it on the weekend of the Nationals not during the week. This shoot will be 110 targets and last 3 days never shooting the same target twice. The Skookum Board will discuss whether we are going to participate and if so to what degree.

The following club members were nominated for the board of directors:

- Range- Kurt Allen
- Activities-No nomination and no volunteer
- Hunting-Andy Ludwig
- Grounds-Pat Hernandez
- Tournament-Jeremy Ryser
- Communications-Don Morrison
- Treasurer- No nomination and no volunteer
- Secretary-Shawn Johnston
- Vice Pres.-Shane Peterson
- Pres.-Dennis Jenkins

Shawn moved that we close nominations. Dennis seconded and it was accepted unanimously. Kristina moved to accept the nominations as listed. Kurt seconded and it was accepted unanimously.

Other business and discussion: Tim asked what we are going to do next year for broadheads. Dennis let him know that we are going to build sand pits. Pete asked about the possibility of a FITA range. The FITA range situation has been difficult at best, however there was significant discussion this evening and a solution has been reached. We will build the broadhead pits next to the flat range targets thus opening the area where the broadhead targets are currently located for a FITA range. Everyone was happy with this idea and it was decided that we would get this project done by the end of March.

Kurt asked about our entry sign. It is very old. He feels that it doesn't represent the club very well. Cooper said that he would work on some ideas for a new gateway sign.

Thanks to everyone who attended the annual meeting. We had a better turnout than expected. About 20 members were present. The meeting lasted from 6:30-8:00pm and we had a good discussion. Shawn Johnston volunteered to chair our Archery Booth at the Western WA Sportsmen's Show Booth (See related article for more information)

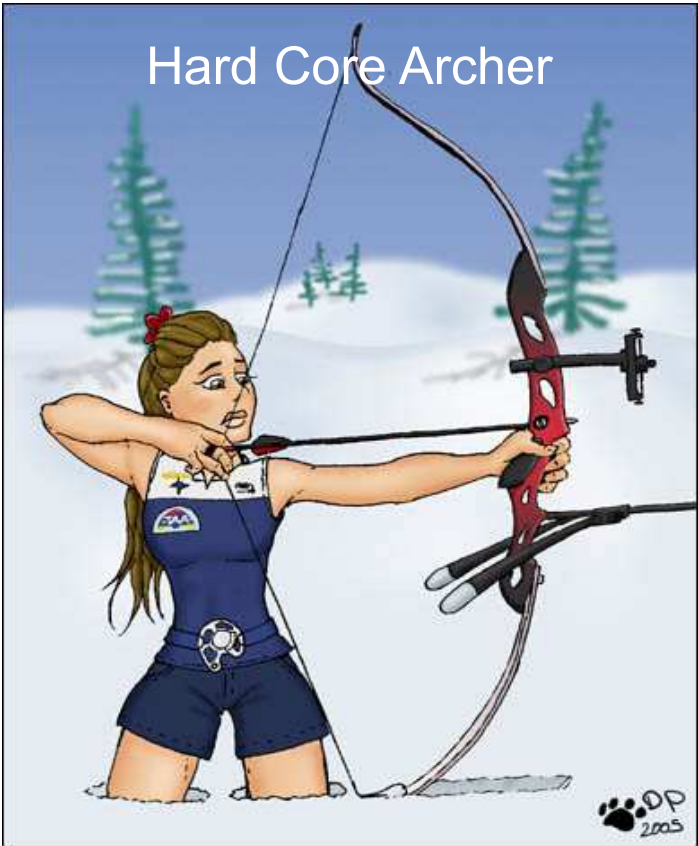
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### 3-D Excuses

I was leading him and he just stopped  
 Next time I'll wait till he steps out from behind the tree  
 I saw Bigfoot out of the corner of my eye.  
 I had a perfect sight picture when I closed my eyes.  
 I am one of the top 5 shooters in the country. I can hit a 5 almost every time.  
 That tree was not there when I shot  
 It was a ten when it left the bow  
 I had a tricky calm to deal with  
 I shot real good today. Just off on my yardage a little



### Types of Archery Shoots Word Find

A K T E A D P P D K L C H C B W F G R Q  
 L I Y Q T L Y W A J Z L N L Q E Z I K  
 Q A Q Q I E D X E S A M N O Z O F C G I  
 P R M K F I F Z E S G F Q V B R U Z S B  
 D I U I V F Z Q R S S S O E P A X T X Y  
 I E Y P N W U L H I K J M L A D Z L E U  
 U H A B E A S G T A X F B T C O T N Y A  
 B N A X E C C R G Z E O O Y K D O E J H  
 U O Q O X O V Q V M A F C D D M E S K P  
 Q C V C F N G E C T C Y C D G A A J X I  
 A F B Y C E X S Z E H F Z Y V F K J A I  
 Y A Q C W R U W P V K U U N A E G X F S  
 E C A F E U L B L I F N R C J G H K V  
 P R F R L C E B O G R A I T P O S A O L  
 D C F E C X X W X B A E D D E T K J S Q  
 T E G R A T P W M K H D Z D T R D V G Q  
 F L O G Y H G Q E G X N J N Y C V S Y Q  
 R A P I C O V F U T T F U A I M L W O Y  
 U U Y E Y D D L V K R C K L H Z S S F N  
 N K W N B O Q S Y R G H O E W O Q P Y G

**Words to find:** ANIMAL, BLUE FACE, CLOUTFIELD, FITA, GOLF, HUNTER, MONEY NOVELTY, SAFARI, TARGET, THREE D, VEGAS



All of the other reindeer used to laugh and call him names.

Active members needing work hours are invited to help set up, take down, or assist with range preparation for the upcoming Dirty Thirty 3D January 7th and 8th. We will be setting up Friday and taking down Sunday afternoon. Contact Pres. Dennis Jenkins or Tournament Director Jeremy Ryser for more information.

## Improving Your 3-D Scores

First and foremost do a thorough check of your equipment and get tuned.

Take all your gear together with you when you shoot on the range. If you carry binoculars in the 3-D tournament, take them while practicing. If you have a fanny pack, wear it also. As much as possible and within reason, when you practice wear the same equipment you will use in the tournament. It can be a pain to carry some of those items on the practice range, but the key to archery is consistency, so make everything as consistent and familiar as possible.

Don't start flinging arrow after arrow on the practice range. Go to the practice area knowing your equipment is in good condition, well tuned, and you can hit the bullseye if you need to. There's no need to repeatedly shoot a helpless target butt with a bunch of dots on it.

Get ready for some serious practice. Remember this is going to be fun, but also remember you have to shoot each target with intense concentration as you would if you were shooting for a national championship. This is key to improving your shooting. When you shoot numerous arrows at the same target, concentration seems to drop. If you are able to maintain your focus as if shooting for the trophy, your practice time will be more productive.

Practice shooting from unmarked distances, not from marked stakes. Use your preferred range estimation method (e.g. the 10 yard method). Break down the distance in 10 yard increments. Use objects as reference points, like a tree or a bush. Say it's 10 yards from you to that tree, 10 more yards to that bush, and as the estimation nears the target estimate single yards at that point.

*Continued on p. 6*

## Bad Shooting Line Etiquette

According to a survey conducted at an archery tournament, the following are the five most often cited failures in proper shooting line etiquette, along with some commentary.

### **1. Leaving the line when the archer next to you is shooting. (52%)**

Be aware of your surroundings. Remember, the next archer on the line may be several spots away, but still considered adjacent.

### **2. Encroaching/Bumping on the line. (24%)**

*The reason most often given:* getting hit by a neighbor's quiver.

### **3. Talking, humming or singing (!) on the line. (12%)**

Talk about a distraction! Imagine someone whispering "sweet nothings" in your ear while you try to shoot. Even more, imagine hearing the person next to you curse on nearly every shot. (You know who you are!)

### **4. Turning when leaving the line. (8%)**

This one is an offshoot of both numbers one and two. When archers turn to leave the line, they frequently bump the person next to them. This causes a distraction. All archers should practice sidestepping from the line, only turning when completely clear.

### **5. Bending to pick up a dropped arrow. (4%)**

This one is the reason we are taught from Day 1 to carry an extra arrow. If we drop one, we are usually taught to leave it and get it at the conclusion of the end. We just grab another arrow out of our quiver. Too many things can happen when you bend down to pick up an arrow while others are shooting, none of which are good.

***Calling another archer's arrows for them may seem like a good idea, but don't do it unless asked. Mistakenly telling an archer that his arrow is at 2 o'clock when it's really at 5 o'clock could cause him to mis-set his sight and lose points.***

## Indoor Tournament Preparation Tips



1. Check your *strings, nocking point, d-loop condition, peep height, arrow rest site extension, scope rod and lens, brace height, axle-to-axle length, and cam timing before shooting.*

2. Routinely

*change your arrow nocks.*

3. *Do not move your feet during the end at any time.*

4. *Shoot a pattern on the 5-spot face. (If you aren't starting at the top row of target faces and coming down, then you are actually overworking your muscles during the end. Let gravity be your friend instead of your enemy)*

5. *When you shoot the top target assignment, bend at the waist instead of raising your bow arm higher.*

6. *Make sure that you do not practice in the same lane twice in a row.*

7. *Don't always shoot two practice ends, or shoot blank bale before you start a session for score.*

8. *Shoot the Vegas target in the correct order, not 2, 1, 3, or 1, 3, 2. Always practice shooting the Vegas face 1, 2, 3 every time.*

9. *Number your arrows.*

10. *Practice letting down on bad shots.*

11. *Know your own rhythm.*

12. *Practice with some noise in the background and with people talking within earshot.*

13. *Practice with added pressure.*

14. *Run a mental checklist and imagine each shot in your mind.*

# Registration Form

## Skookum Archers Annual Banquet

### Sat. January 14, 2006



*The annual Skookum Archers Club banquet will be held Saturday January 14th at the Bonney Lake Senior Center. This will be a superior catered banquet. The address is 19306 Bonney Lake Blvd. 5:30 p.m. Social Hour; Buffet Dinner at 6:00 p.m. Both Associate and Active members are welcome. The buffet will consist of roast beef, chicken breast, potatoes, salads, dessert, etc. There will be a variety of awards and door prizes. **Cost is only \$10 per plate for adults, \$5 per child (6-12), free for Kids 5 and under.** The Club is offsetting a portion of the banquet cost.*

Send in your reservation today. Deadline to register is January 8th. You can pay at the door. We look forward to seeing you there.

**Instructions:** Complete the following and mail to:

Skookum Archers  
 C/O Don Morrison  
 1231 Farallone Avenue  
 Fircrest, WA 98466

or fax the registration to 253-565-2575. You can also register by sending the necessary information by email to [info@skookumarchers.com](mailto:info@skookumarchers.com). Be sure to mail-in a check with your registration form if you want to receive double the number of door prize tickets.

**Cost** is \$10 per plate for adults, \$5 per child (6-12), Free for Kids 5 and under.

<b>Name</b>	<b>List Category (Adult, Child, or Kid)</b>
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**TOTAL \$** \_\_\_\_\_

**Directions** to BL Senior Center: From SR 512 or SR 167: Take the SR 410 East Exit. As you go up the hill towards Bonney Lake, turn left at the first stop light (AM/PM and Dairy Queen). Follow road (Old Sumner Buckley Hwy) past fire station and post office to the first stop light (Locust Ave.). Turn left onto Locust. Follow Locust north about 1 mile to Bonney Lake Blvd. Turn right. Follow ½ mile to Senior Center/City Hall complex. Note: if you run into Lake Tapps, you have gone three blocks too far.

## String and Cable Maintenance

Keep a watchful eye on your string and cables all year long, and as long as they're not too worn (frayed), you don't need to replace them. Always lubricate both with a good silicone-based wax every few weeks. If you need a new string, replace it in your off-season and work it in. It takes several hundred shots for any new string to stretch itself out. Give yourself time to do just that in a non-hurried fashion.

String stretch is another problem all its own. All bowstrings will stretch to some extent, even top-dollar ones sold by private string making companies. Even after their break-in period, they'll creep from time to time. The good ones just stretch less, which is a blessing. But you still have to monitor them regularly. If not, accuracy will suffer.

Measure your axle-to-axle length with a steel tape and write down the number on a notepad. Every so often double-check this. If you've been shooting regularly and your bowstring stretches even 1/16<sup>th</sup> of an inch, put the bow in a press and twist the string to get the original length back. You should also keep a check on your string's nocking point. If your bowstring stretches, this will alter, a telltale giveaway that your string needs some loving.

String serving is equally important. If you use a string loop, after time the tension on the loop knots from constant drawing can separate the serving. Even if the serving doesn't look too bad, re-serve it during the off-season.

### *Improve Your 3-D Scores, Continued from Page 3*

Next, and you've heard it many times before—pick a spot on your target. The spot will be dependent on whether your target is broadside, quartering, or at a different elevation. At this point you are ready to draw your bow, as you know the yardage and where you're going to aim. You then draw, place your sight on your spot, concentrate on making the best shot possible and, when you are ready, release the arrow. After releasing the arrow everyone wants to see where it's going, but just hold your form and follow through until you hear the arrow hit the target. Once you hear the arrow hit, you can then break form and check how well you did. Now here's another place to avoid a key practice error. Don't shoot this target again. You've made your one shot.

## Western Washington Sportsmens Show Booth



For the past 3 years the Club has sponsored the Archery Demonstration Booth at the Sportsmen's Show at the Fairgrounds. Each year more than 2,000 kids and adults have tried try their hand at shooting a bow. We setup 3 FITA targets and 9 3-D animals including 3 very realistic dinosaur targets loaned to us by the O'Loughlin trade show that are a big hit with the kids. For 2006, the show is scheduled for January 25-29.

We need lots of helpers to pull off this event. If you are able to help with the event (setup, takedown, instruction, etc), please contact Shawn Johnston at [outdoorguy34@hotmail.com](mailto:outdoorguy34@hotmail.com). There will be a schedule and shift times on our website at [skookumarchers.com](http://skookumarchers.com)

While in the field, in real hunting situations, you usually only get one shot, so move on to the next target. You can come back later and shoot this target from a different location. If this is an organized shoot you usually only get one shot at each target anyway. This forces you to concentrate, knowing this is your one and only shot at this target from this location. It makes you elevate your mental focus for that one shot.



## Websites For Archery Instruction

The following web sites have a section that have a variety of articles relating to archery form and technique:

www.skookumarchers.com  
http://homepage.ntlworld.com/joetapley  
www.bowjackson.com  
www.archery-forum.com  
www.Tenzone.u-net.com  
www.student.utwente.nl/~sagi/artikel/  
www.archery.net/  
www.huntingnet.com/  
www.fulldrawarchery.com/html/index.php  
www.tradgang.com

### 2006 Shoot Calendar

The 2006 WSAA Shoot Calendar can be viewed and printed at skookumarchers.com or at <http://www.crispie.com/wsaa/Quivers/January%202006%20Quiver.pdf>

### Target Replacement

When you get out to the range, and notice that a target face has been shot up, you can go to the pro shop and get a key to the target cupboard. Replace the target with the same type and size as was on the target bales. We will also post a list of what type and size of target goes are each target bale. Also, each active member is assigned a specific target to maintain. That assignment is located after your name on your Smoke Signal mailing label. No one likes to shoot at beat up targets, so make sure your target assignment is always kept up. Thanks.

## Great Northwest Archery

### *Your Full Service Pro Shop at the Skookum Range*

*We feature an indoor shooting range, a full-service pro shop dealing Hoyt, Parker bows and PSE bows, and an extensive line of archery products and services. Get your supplies for the late season hunt.*

**(253) 841-0991**

## BOARD OF DIRECTORS

### PRESIDENT

Dennis Jenkin, (253) 862-8582  
denniselk@comcast.net

### VICE PRESIDENT

Shane Peterson; (253) 631-5702  
fingershooter@comcast.net

### SECRETARY

Shawn Johnston; (253) 826-5592  
slsjohnston@comcast.net

### TREASURER

Vacant

### COMMUNICATIONS

Don Morrison, (253) 565-6253  
morrison@lgi.org

### TOURNAMENT

Jeremy Ryser

### RANGE

Vacant - Volunteer Today!

### GROUNDS

Pat Fernandez, (253) 927-9741

### HUNTING

Andy Ludwig (253) 929-6000  
aaludwig@comcast.net

### ACTIVITIES

Vacant - Volunteer Today!

The monthly member and Board of Directors meetings are held the second Thursday of the month. The member meeting is at 6:30pm, followed by the Board meeting, in the Club House.

# SMOKE SIGNAL



**Skookum Archers Club  
and Range  
11209 Shaw Road East  
P.O. Box 73753  
Puyallup, WA 98373**

**Club Line: (253) 770-4177  
www.skookumarchers.com  
info@skookumarchers.com**

**Don Morrison, Editor**



## CALENDAR

- Dirty Thirty 3-D, January 7 & 8, Skookum Archers
- Monthly Membership and Board Meeting, Club House, Thursday January 12th, 6:30pm
- Annual Club Banquet and Installation of Officers, January 14th
- January 21-22, WSAA Multi-Color Championship, KBH
- January 21-22, Woolley Booger 3-D, Capitol City
- February 1st, Blue Face Mail-In Begins

**Target Assignments:** Active Members are responsible for maintaining a target area. Life Members, Associate and Junior Members are not required to maintain a target area. IF YOU DON'T KNOW YOUR TARGET ASSIGNMENT, CONTACT THE CLUB VICE-PRESIDENT. Your target assignment is generally printed on your Smoke Signal mailing label. You are responsible for replacing the Target Face when needed, picking-up trash in your shooting lane, and reporting maintenance that needs to be done to the Grounds Chair, and reporting any range work (target shed, shooting bales or shooting stakes) that needs to be done to the Range Chair. Replacement targets can be acquired by contacting the Pro-Shop. Please do not replace targets until they need it; typically this means that the center scoring area is shot out. Also, we can all pitch in on replacing the target faces on the flat range. Thanks for working together!

**Notice to Active Members:** There is a "To Do" list posted on the Club House outside bulletin board. In addition to your target assignment, those seeking work hours to reduce dues can perform any of the tasks listed on the "To Do" list. For other work that needs to be done, contact the Range Master, or Pat Fernandez, Grounds Director.